

5  
DAY

# Harlem Valley



John Kane House



WWW.DUTCHESSTOURISM.COM

- (S) Seasonal attraction or activity
- (SE) Open during scheduled events

## HARLEM VALLEY: 5 DAY ITINERARY

The Harlem Valley cuts a north-south swath through eastern Dutchess County. This mainly rural region is characterized by farms and forests, historic settlements and village centers. As you progress northward over five leisurely days, you'll enjoy a combination of sightseeing, outdoor exploration, shopping, and dining.

### DAY 1: PAWLING

#### VILLAGE OF PAWLING

It won't take long to explore the shopping and dining district in this charming Victorian village, so you can linger over a cup of coffee or take your time in a cozy bookstore or gift shop. Start on Charles Colman Boulevard, the hub of it all.

[www.villageofpawling.org](http://www.villageofpawling.org)

#### VISIT SITES OF THE HISTORICAL SOCIETY OF QUAKER HILL AND PAWLING

Pawling has significant ties to American history, including a presidential candidate, Quaker abolitionist pioneers, renowned journalists, and one of George Washington's headquarters. You can follow the story by visiting three sites: the **John Kane House** (Washington's HQ in 1778); the **Oblong Friends Meeting House** (the intact 1764 Quaker meeting space); and **Akin Hall** (three attractions under one copper roof - the Quaker Hill Museum, Natural History Museum, and rare books library). Open seasonally, or by appointment.

[www.pawling-history.org](http://www.pawling-history.org)

#### DINNER IN PAWLING

You'll find casual Irish pub fare at **McGrath's Tavern**, and classic American cuisine—accompanied by cutting edge cocktails, an award-winning wine list and an old fashioned soda fountain—at **McKinney & Doyle Fine Foods Cafe and Bakery**.

How about dinner and a show? Rock & Roll Hall of Famer Daryl Hall was inspired by his TV Show "Live from Daryl's House" to create a venue where people could hang out, have a great meal and listen to amazing musicians in a casual setting and thus **Daryl's House Restaurant & Live Music Club** was born.

### DAY 2: PAWLING

#### THOMAS E. DEWEY CENTER, PAWLING

New York State history buffs, dig deep at this facility housing exhibits and memorabilia focused on Dewey, once the Empire State's Governor for 12 years, as well as a GOP presidential candidate, New York City district attorney and federal prosecutor. Open by appointment.

## PAWLING NATURE RESERVE, PAWLING

Take a hike! You'll be able to access the **Appalachian Trail** in this 1,060 acre preserve, along with more than ten miles of marked trails that range from moderate one-hour strolls to strenuous day-long treks. In the reserve's gorge, Duell Hollow Brook cascades down the rocks. At the ridge top, you're rewarded with stunning views of the Great Swamp and Harlem Valley below. [www.pawlingnaturereserve.org](http://www.pawlingnaturereserve.org)

## DAY 3: DOVER PLAINS AND WASSAIC

### MADAVA FARMS, DOVER PLAINS

Continue north, straight to the source of the world's purest maple syrup. The 24,000 red, black, and sugar maple trees on this property produce the acclaimed **Crown Maple** syrup. The 45-minute tour covers the process from sustainable tree-tapping through bottling. Time your visit to enjoy the café, then grab a trail map and head for the manicured walking paths on the wooded grounds. [www.crownmaple.com](http://www.crownmaple.com)

### DOVER STONE CHURCH, DOVER PLAINS

Ready for some more of the great outdoors? Convene with the scenic rolling hills and plains of the Harlem Valley before reaching a geological wonder; an ancient cavern framed by large metamorphic rocks. The gothic, pointed arch formation of the stone entrance gave rise to the moniker, "Stone Church." [www.townofdovery.us/Stone\\_Church.cfm](http://www.townofdovery.us/Stone_Church.cfm)

### THE WASSAIC PROJECT, WASSAIC

A collection of unique buildings, including an old mill, provide a home for emerging artists here, specifically in fine art, music, film, and dance. Meet the makers during the Artists in Residence Open Studios days, and come back for the free annual Summer Festival, which features over 100 artists, 25 bands, film screenings, dance performances, and more. [www.wassaicproject.org](http://www.wassaicproject.org)

### DINNER IN THE AREA

For a casual bite, try **Four Brothers** in Dover Plains, where the pizza with a Grecian touch has been the specialty since 1976. For a cozy tavern atmosphere, try the **Old Drover's Inn**, a historic inn that is now open after an extensive renovation (only for special catered events or for reservation for a group of 12 or more). A more formal evening is found in Amenia at **Serevan**, where Chef Serge Madikians brings together distinctive Mediterranean and Middle Eastern flavors using fresh ingredients from surrounding farms.

Wethersfield House and Gardens



Cascade Mountain Winery & Restaurant



## DAY 4: WASSAIC AND AMENIA

### WORLD PEACE SANCTUARY, WASSAIC

More than 200,000 Peace Poles that have been dedicated in nearly every country on Earth, through an initiative begun by the World Peace Prayer Society. On the 154-acre grounds of the society's international headquarters, you're welcome to visit the Peace Path with 193 peace poles representing each of the U.N. member nations, Peace Labyrinth, globe sculpture, and other points of interest. Grounds open on weekdays.

[www.worldpeace.org/sanctuary.html](http://www.worldpeace.org/sanctuary.html)

### WETHERSFIELD HOUSE & GARDENS, AMENIA (S)

Visit the former country estate of conservationist Chauncey Devereux Stillman, set at the highest elevation in the area to enjoy far-reaching views. The highlights include the carriage house, trails, the 1939 Georgian-style brick mansion and impressive collection of paintings, and two acres of formal gardens inspired by the Italian Renaissance, complete with resident peacocks, fountains, and a sculpture garden.

[www.wethersfieldgarden.org](http://www.wethersfieldgarden.org)

### CASCADE MOUNTAIN WINERY & RESTAURANT, AMENIA

This winery, opened by the Wetmore family in 1977, is part of the Hudson Valley history as the oldest commercial grape-growing region in the U.S. Visit the tasting room or restaurant and sample Cascade's line of seven table wines, including Seyval Blanc and Chardonnay whites, Beaujolais and Cabernet Sauvignon reds, a Rosé, and a spice wine. The restaurant serves lunch during the season, and lunches and dinners for 10 or more can be scheduled at any time. *Open on weekends.* [www.cascademt.com](http://www.cascademt.com)

Dover Stone Church



Crown Maple at Madava Farms



## DAY 5: MILLERTON

### MCENROE ORGANIC FARM, MILLERTON

You can't miss the big red farm market on Route 22 between Amenia and Millerton. Whatever grows on these 1,000 acres is sold, including a full range of produce and nursery stock. You'll also find meats, specialty groceries, prepared foods, and fresh baked goods. Have an organic garden at home? You can also purchase their good-as-gold compost and top soil!

[www.mcenroeorganicfarm.com](http://www.mcenroeorganicfarm.com)

### VILLAGE OF MILLERTON

A hybrid of historic and eclectic, **Millerton** is a walkable district with shops, cafes, and art galleries galore. At **Gilmor Glass**, a spacious gallery and studio, you can watch the age-old techniques of creating art glass. Stop into the **Harney and Sons Tea Shop** to sample a tasting flight of themed teas sourced from across the globe.

The spirit of the independent book seller is alive and well at **Oblong Books & Music**, established in 1975 and still the largest in the mid-Hudson Valley. Find a signed copy of your favorite novel, attend a book signing, or peruse the music selection. Step back in time at two of the oldest stores in town: **Saperstein's**, an old-fashioned clothing and shoe store established in 1946; and **Terni's**, which opened in 1919 as a place to shop for hunting gear and fishing tackle. You can still order a milkshake at the marble ice cream counter made in the 1930's mixer.

McEnroe Organic Farm



Gilmor Glass



### LUNCH IN MILLERTON

Time for lunch? Look no further than Main Street, where you can choose from **Harney and Sons Tea Shop**, **Irving Farm Coffee House**, the 50's-era **Oakhurst Diner**, **Taro's NY Style Pizzeria** and more.



Irving Farm Coffee House