

5
DAY

Field to Fork



Millbrook Vineyards & Winery

(S) Seasonal attraction or activity
(SE) Open during scheduled events

FIELD TO FORK: 5 DAY ITINERARY

Dutchess County has a long, proud agricultural tradition. If farm-to-table eating is your passion, come spend five days enjoying the bounty of our fields, vines, and trees! These sites—farms, restaurants, wineries, markets, and more— welcome visitors to take tours, participate in seasonal activities, and stock up on goodies to bring home. Enjoy a farm fresh Hudson Valley Getaway!

DAY 1: SOUTHERN DUTCHESS

SPROUT CREEK FARM, POUGHKEEPSIE

This 200-acre farm is a working farm, educational center, and market all in one. At the creamery, watch the award-winning cheesemaker transform the rich milk of resident cows and goats into artisanal farmstead cheeses. In the market, stock up on charcuterie, jams, honey, fresh eggs, pasta, breads, chocolates, granola, and seasonal produce. www.sproutcreekfarm.org

ZOE'S ICE CREAM BARN, POUGHKEEPSIE

Visit Zoe's where handcrafted ice cream is made with only Hudson Valley Fresh products. Zoe's is all about LOCAL—local milk from local cows and local fruit from local farms. And FRESH - they boast that their ice cream goes from cow to cone in just 3 days! Enjoy a treat in a barn-like setting while learning about Hudson Valley dairy farms. www.zoesicecreambarn.com

BARTON ORCHARDS, POUGHQUAG

It's more than just about picking your own produce here, because there are always adorable farm animals to pet, a playground to explore, and an expansive market of specialty foods to shop. Autumn weekends are the best times to visit with families, once the Barton family opens the corn maze, runs hayrides, costume parades and other games, and brings in live music. www.bartonorchards.com

DINNER AT FARM TO TABLE BISTRO, FISHKILL

Enjoy sophisticated New American dishes among the rustic-chic décor in this centrally-located restaurant that sources most of its ingredients from local farmers and creameries. Changing seasonally, the menu often features steaks from the **New York Beef Company** in Lagrange, lamb from **Meiller Farms** in Pine Plains, cheeses from **Sprout Creek Farm** in Poughkeepsie, apples from **Meadowbrook Farm** and vegetables from **Obercreek Farm** in Wappingers Falls and more. www.fbistro.com

DAY 2: SOUTHWEST DUTCHESS

FISHKILL FARMS, HOPEWELL JUNCTION

Grab a bag or basket, and head to the orchards to pick whatever's in season— apples, berries, peaches, nectarines, black currants, cherries, or pumpkins—all grown without synthetic pesticides or fertilizers. Inside the farm market, you'll find fresh veggies, eggs, baked goods, and their new hard Treasury Cider, produced on-site with Fishkill Farms apples. Time your trip during the Strawberry Festival, Peachtopia, or Fall Harvest Weekends! www.fishkillfarms.com

CITY OF BEACON

This renaissance riverfront city, once a regional manufacturing hub, is now a hip hotbed of art, culture, and cuisine. Along Main Street, stock up on provisions, including local produce, at **Beacon Natural Market**; enjoy lunch in the outdoor café at **Homespun Foods**; and make a sweet selection from the small-batch confections made on premise at **Alps Sweet Shop**, a local chocolatier since 1922.

If you're in town on a Sunday, stop by the **Beacon Farmer's Market**, on the waterfront by the Beacon train station, May-Nov., or at its Winter Market location at the Veterans Building on Main Street. Beacon also has no shortage of craft beverage producers. Check out **Hudson Valley Brewery**, **2 Way Brewing Company**, and handcrafted spirits at **Denning's Point Distillery**.

DAY 3: CENTRAL DUTCHESS

ADAMS FAIRACRE FARMS, POUGHKEEPSIE

On the site of the original Adams family farm on Route 44, now stands the flagship Adams store, with a focus on locally-sourced produce, fresh baked goods, and gourmet grocery items. You'll find cheese, fish and deli counters, a coffee bar, a gift department and extensive nursery. Create your own meal from the selection of hot and cold prepared foods for a quick and affordable lunch, or sit down in their café.

www.adamsfarms.com/locations/poughkeepsie

PLEASANT VALLEY FARMS (S)

Plan to stop at seasonal farm stands in Pleasant Valley and Salt Point. Since 1942, **Quattro's Poultry Farm and Market** has served fresh and smoked game meats and free-range fowl, along with imported cheeses, craft beers and other provisions. Stop by **Hahn Farm's** stand for fruit, honey, syrup, jams, pickles, dairy products, cider, condiments and soaps. In November and December, you can choose from five varieties of fir, and cut your own Christmas tree at **Bilmar Nurseries**.

Barton Orchards



CLINTON VINEYARDS, CLINTON CORNERS

The European tradition of exclusively growing and bottling an "estate" wine was introduced in this rural pocket of Dutchess County in 1976. Specializing in award-winning Seyval Blanc and sparkling Seyval Naturel, Clinton also produces handcrafted fruit and dessert wines. Visit the historic barn where the wine is made, enjoy a sample in the tasting room, and explore the landscape of gardens and vines.

www.clintonvineyards.com

MILLBROOK VINEYARDS & WINERY, MILLBROOK

Considered one of New York State's top wineries, Millbrook has been producing award-winning wines on its 130 acres for more than 30 years. After a guided tour, enjoy tastings of the current varietals: Chardonnay, Pinot Noir, Cabernet Franc, Tocai Friulano and Riesling. Or plan your visit during an outdoor jazz concert, wine blending workshop, or "Art in the Loft" exhibit.

www.millbrookwine.com

DAY 4: NORTHWEST DUTCHESS

RED HOOK FARMS (S)

The day starts early on a farm, so you should, too. Depending on the time of year, the farms of Red Hook offer seasonal opportunities to pick-your-own produce, or shop at farm stands. In the summer, get your peaches, pears, plums, cherries, and strawberries at **Mead Orchards**. In the fall, find apples at **Rose Hill Farm**. At **Battenfeld's Anemone Farm**, a fourth-generation local farm, you can buy greenhouse-grown hybrid anemones from September through May, and Christmas trees in November and December.

FARM FRESH SHOPPING IN RHINEBECK

Head south to the bustling Village of Rhinebeck to shop for both sweet and savory. Named one of the Top 10 Chocolatiers in North America by Dessert Professional Magazine, **Oliver Kita** and his artisan and fair trade fine chocolate shop on West Market Street is not to be missed! On Sundays from 10-2, visit the **Rhinebeck Farmers Market**. Consistently voted best Farmers Market in the Hudson Valley by Hudson Valley Magazine readers, you'll find over 40 vendors during the outdoor season and 25 at their indoor Winter Market. Inspired by all this amazing food, head to **bluecashew Kitchen Pharmacy** to shop for all the items you could possibly want in your kitchen to prepare great meals and entertain.

Clinton Vineyards

Battenfeld's
Anemone Farm



For a casual lunch, tuck into a sandwich made with handmade organic bread at **Bread Alone Bakery**, find out how local ingredients are used in the “Hudson Valley Mediterranean” menu at **Gigi Trattoria**, or enjoy a special meal accompanied by a New York State craft beer at award winning **Terrapin**.

DINNER AT THE CULINARY INSTITUTE OF AMERICA

For a very special dinner, continue south along Route 9 to the world’s premier culinary college. Your dinner at **American Bounty**, **Bocuse**, or **Ristorante Caterina de’ Medici**, could be created by the next Charlie Palmer or Roy Yamaguchi. Founded in 1946, the CIA has trained culinary icons including Grant Achatz, Anthony Bourdain, and Cat Cora. www.ciachef.edu/newyork

DAY 5: NORTHEAST DUTCHESS

DUTCH’S SPIRITS, PINE PLAINS

Raided by prohibition agents in 1932, 400-acre Dutch’s Spirits at Harvest Homestead Farm was once home to the most elaborate illicit liquor producing operation ever found in Dutchess County—reportedly financed by mobster Dutch Shultz. Now, it’s been transformed into a contemporary farm-to-bottle distillery, offering year-round tours, tastings and special events. www.DutchsSpirits.com

VILLAGE OF MILLERTON

A hybrid of historic and eclectic, Millerton is a walkable district with shops, cafes, and art galleries galore. There’s also the indie **Oblong Books & Music**, the **Gilmor Glass** studio, and the venerable Harney and Sons tea room. www.enjoymillerton.com

MCENROE ORGANIC FARM, MILLERTON

You can’t miss the big red farm market on Route 22 between Amenia and Millerton. Whatever grows on these 1,000 acres is sold, including a full range of produce and nursery stock. You’ll also find meats, specialty groceries, prepared foods, and fresh baked goods. Have an organic garden at home? You can also purchase their good-as-gold compost and top soil! www.mcenroeorganicfarm.com



Crown Maple at Madava Farms



MADAVA FARMS, DOVER PLAINS

Continue south, straight to the source of the world’s purest maple syrup. The 24,000 red, black, and sugar maple trees on this property produce the acclaimed **Crown Maple** syrup. The 45-minute tour covers the process from sustainable tree-tapping through bottling. Time your visit to enjoy the café, then grab a trail map and head for the walking paths on the wooded grounds. *Open on weekends only and for special events.* www.crownmaple.com



The Culinary Institute of America