

3
DAY

Family Fun



Wilcox Memorial Park

(S) Seasonal attraction or activity
(SE) Open during scheduled events

FAMILY FUN: 3 DAY ITINERARY

Having fun with family in Dutchess County is time well spent! The fall and winter months are a great time to search for some activities inside. Forget about work, relax and enjoy, with some indoor fun bouncing around, learning, ice skating or painting.

DAY 1: POUGHKEEPSIE

LOCUST GROVE TRAILS, POUGHKEEPSIE

Locust Grove Estate includes nearly five miles of carriage roads, laid out in the 19th century, that wind through the forest and meadows along the Hudson River. Enjoy great river views on the Sawmill Trail, the small waterfall on the Cascade Trail, or the shady Lane Loop.

www.lgny.org/history/hiking-trails

MID-HUDSON CHILDREN'S MUSEUM, POUGHKEEPSIE

Discover something new at the Mid-Hudson Children's Museum for families with children ages 0-6. The hands-on exhibits that get kids moving, exploring, building, pretending, collaborating, creating and discovering focus on a wide range of subjects. Upon leaving the museum, you and your children will have learned about topics including nature, science, literacy, art, music and community. Not only will everyone be educated, they will remember learning these new things as a family. www.mhcm.org

ZOE'S ICE CREAM BARN, POUGHKEEPSIE

Visit Zoe's where handcrafted ice cream is made with only Hudson Valley Fresh products. Zoe's is all about LOCAL- local milk from local cows and local fruit from local farms. And FRESH - they boast that their ice cream goes from cow to cone in just 3 days! Enjoy a treat in a barn-like setting while learning about Hudson Valley dairy farms. www.zoesicecreambarn.com

DAY 2: MILLBROOK, MILAN AND AMENIA

WILCOX MEMORIAL PARK, MILAN

This 18th century, 615-acre park was the former estate of Mrs. Frederick P. Wilcox. With more than five miles of hiking and a scenic view of Stissing Mountain and the Catskills, this is a great adventure for an outdoor-loving family. Hiking is not all that they offer; bring a picnic, rent a boat to go fishing or do some bird watching. In the summer, you can swim in the lake and hang out on the beach. This is a great outing for you and your family. www.co.dutchess.ny.us/CountyGov/Departments/DPW-Parks/PPwilcox.htm

TREVOR ZOO, MILLBROOK

Did you know? Trevor Zoo is the only zoo in the United States located in a high school. This zoo is home to more than 180 exotic and indigenous animals, 80 different species and nine endangered species! Take your family to see all of these magnificent creatures while in Dutchess County.

www.trevorzoo.org

AMENIA DRIVE-IN MOVIE (S)

Enjoy double feature movies with digital audio and projection on the big screen outdoors! Cuddle up with your kids and, of course, some snacks to enjoy the film. The drive-in offers food delivery to your car from Four Brother Restaurant. Spend a night with your family, just like they did in the 50s!

www.playeatdrink.com

DAY 3: SOUTHERN DUTCHESS

FISHKILL FARMS, HOPEWELL JUNCTION

Grab a bag or basket, and head to the orchards to pick whatever's in season—apples, berries, peaches, nectarines, black currants, cherries, or pumpkins—all grown without synthetic pesticides or fertilizers. Inside the farm market, you'll find fresh veggies, eggs, and baked goods. Don't forget to stop and say hello to the friendly animals on the farm. Time your trip during the Strawberry Festival, Peachtopia, or Fall Harvest Weekends! www.fishkillfarms.com

HUDSON BEACH GLASS, BEACON

Make some holiday ornaments, watch a glass blowing demonstration, or make glass bead jewelry at the Hudson Beach Glass Gallery in Beacon! Your children will be amazed once they see the process of making something beautiful, just out of glass. www.hudsonbeachglass.com

Hudson Valley Renegades



Trevor Zoo



HUDSON VALLEY RENEGADES GAME, DUTCHESS STADIUM, FISHKILL (SE)

Take the family out to a ball game to watch the Renegades, a Class A, short-season minor league baseball team affiliated with the Tampa Bay Rays. Late afternoon and evening games include fun contests and giveaways, and a wide variety of food and beverages are available. Enjoy theme nights and stay for the fireworks shows after Friday night games, as well as other special evenings. www.milb.com/index.jsp?sid=t537



Hudson Beach Glass