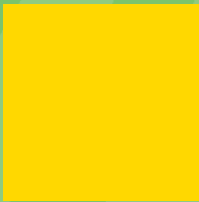
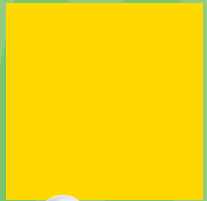
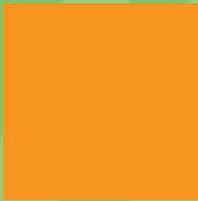
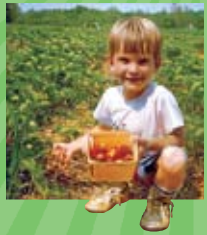


# Dutchess

FARM FRESH GUIDE



# Farm Fresh



Hungry for farm-fresh experiences? Dutchess County offers you plenty of opportunities to feed your body, as well as nurture your mind and soul.

The small, individual- and family-owned farms and vineyards located throughout the heart of the Hudson Valley are a sight to behold. Breathe the fresh country air as you take in the lush farmscapes, rolling hills and horse farms, scenic river valley views and wide open space.

Interested in getting your hands a little dirty? Visit a Dutchess County farm and learn how to make handcrafted cheese, tap a tree for maple syrup, taste farm-fresh milk, visit the sheep that produce the finest wool, explore a corn maze, or pick seasonal fruits, berries, vegetables and more.

If tasting is believing, then the opportunities are endless. Start the day with a hearty, homemade breakfast served as part of your overnight stay at a quaint bed & breakfast. Sample the best of nature's bounty at one of our many farm stands or farmers markets. Take part in a wine tasting and tour. And don't forget to enjoy mouth-watering culinary creations at our restaurants that incorporate fresh, local ingredients into their dishes.

You also can shop 'till you drop in Dutchess County. For a taste of "culture" with your agriculture, visit our specialty shops, which offer an array of artisanal foods, paintings, pottery, yarn and more, all inspired by our breath-taking farms and fields.

In addition to preserving the local landscape and providing great-tasting food and beverages, our farms play an important role in supporting the area's economy. Once known as the "bread basket of New York," our region has a rich, agriculture-based heritage that continues today. Dutchess County has more than 650 farms encompassing about 20 percent of the county's total acreage. Together these farms, representing a variety of agricultural sectors, generate millions of dollars in annual sales and provide a direct economic benefit to area residents.

Take a taste of what Dutchess County offers.

[farmfresh.dutchesstourism.com](http://farmfresh.dutchesstourism.com)

# Wineries



## **Alison Wines & Vineyards**

231 Pitcher Ln., Red Hook. 845-758-6335. Alison Wines produces award winning dry table wines, and dessert wines from local strawberries and black currants. Seasonal hours. [AlisonWines.com](http://AlisonWines.com)

## **Cascade Mountain Winery & Restaurant**

835 Cascade Mountain Rd., Amenia. 845-373-9021. A farm winery with tours and tastings, award winning wines and a critically acclaimed restaurant. Restaurant and winery hours are seasonal. Call for current schedule. [CascadeMt.com](http://CascadeMt.com)

## **Clinton Vineyards & Winery**

450 Schultsville Rd., Clinton Corners. 845-266-5372. Picturesque farm winery and vineyard, acclaimed estate-bottled white wines, champagne, cassis and dessert wines. Tours and tastings year round. Thurs.–Mon., noon–5:30pm or by appt. for groups. [ClintonVineyards.com](http://ClintonVineyards.com)

## **Millbrook Vineyards & Winery**

26 Wing Rd., Millbrook. 800-662-WINE. Farm winery and vineyard with views of the Hudson Valley. Nationally recognized wines, Chardonnay, Tocai Friulano, Pinot Noir and Cabernet Franc. Tours and tastings daily, Sept.–May, noon–5pm, June–Aug, 11am–6pm. [MillbrookWine.com](http://MillbrookWine.com)

## **Oak Summit Vineyard**

372 Oak Summit Rd., Millbrook. 845-677-9522. Classic, estate bottled Pinot Noir in the traditional Burgundian manner. Available for functions. Tours by appt. only. [OakSummitVineyard.com](http://OakSummitVineyard.com)

## **Dutchess Wine Trail c/o Clinton Vineyards**

450 Schultsville Rd., Clinton Corners. 845-266-5372. Scenic country trail with stops along the way for tours and tastings at Alison Wines & Vineyards in Red Hook, Clinton Vineyards in Clinton Corners, and Millbrook Vineyards & Winery in Millbrook. Free trail guide. [DutchessWineTrail.com](http://DutchessWineTrail.com)

## **Annual Wine Events**

### **September**

#### **Hudson Valley Wine and Food Festival.**

Dutchess County Fairgrounds, Rhinebeck. 845-658-7181. [HudsonValleyWineFest.com](http://HudsonValleyWineFest.com)

#### **International Wine Showcase & Auction.**

The Culinary Institute of America, Hyde Park. 845-452-5772 x350. [GreystonePrograms.org](http://GreystonePrograms.org)

### **October**

#### **Millbrook's Annual Harvest Party**

Millbrook Winery, Millbrook. 845-677-8383. [MillbrookWine.com](http://MillbrookWine.com)

### **November**

#### **Taste of the Hudson Valley**

The Culinary Institute of America, Hyde Park. 845-431-8707. [TasteHV.org](http://TasteHV.org)

# Farmers Markets



## **Arlington Farmers Market**

Raymond & Collegeview Aves, Poughkeepsie. 845-471-2770  
Hosted by the Arlington District and Vassar College.  
Farm-grown fruits and vegetables, organic cheeses, beautiful flowers, homemade crafts and much more. June-October, Thurs. 3pm-7pm. [Arlingtonbid.org](http://Arlingtonbid.org)

## **Beacon Farmers Market**

Beacon Train Station, waterfront at the ferry landing, Beacon. 845-562-0192 or 845-597-5028 Beacon's finest farmers offer organic vegetables, sweet fruits, fresh meats, local cheese, smoked trout, honey, sweetened jams, and a variety of sauces and syrups. June-October, Sun. 10am – 4pm.

## **City of Poughkeepsie Farmers Market**

253 Main Street, Poughkeepsie. 845-473-1415  
Enjoy live music, juicing classes, and freshly grown products, including specialty Mexican produce, right in the heart of Poughkeepsie. June-October, Fri. Noon-6pm.

## **Fishkill Farmers Market**

Grand Union parking lot, Rt. 52, Fishkill. 845-897-4430  
Take pleasure in the freshest of locally grown produce along with delicious baked goods and so much more. July-October, Thurs. 10am-2pm.

## **Hyde Park Farmers Market**

Hyde Park Drive-In, Rt. 9, Hyde Park. 845-229-9111  
Along with its local produce, this market boasts delicious breads, honey, maple syrup, and also includes locally grown plants and selected homemade crafts. June-October, Sat. 9am-2pm.

## **Millbrook Farmers Market**

Front Street & Franklin Ave., Millbrook. 845-677-3125  
Products range from cooking demos and homemade granola to body products and beeswax candles. The market also hosts many events throughout the summer, including a number of musical talents. May-October, Sat. 9am-1pm. [MillbrookFarmersMarket.org](http://MillbrookFarmersMarket.org)

## **Millerton Farmers Market**

Dutchess Ave. just off Main St., Millerton. 518-789-4613  
Chef demonstrations, performances, and much more!  
May-September, Sat. 10am-2pm.  
[www.NeccMillerton.org/farmers.htm](http://www.NeccMillerton.org/farmers.htm)

## **Pawling Farmers Market**

Charles Colman Blvd. next to the Pawling Chamber of Commerce Building, Pawling. 917-224-4801  
Produce, plants, farm products, foods and goods.  
July – October, Sat. 9am-12pm.

## **Pleasant Valley Farmers Market**

Town Hall, Rt. 44, Pleasant Valley. 845-635-3918  
Area vendors offer a variety of products at this market, including organically grown produce, an assortment of tasty berries, honey, and baked goods, such as gourmet breads and cheesecakes. May-September, Fri. 3pm-7pm; October, Fri. 3pm-6pm.

## **Rhinebeck Farmers Market**

Municipal Parking lot, 23 E. Market Street, Rhinebeck. 845-876-7756  
Products include fruits, raw honey and bee products, wine, cut flowers, skin care remedies, meats, and more. May-November, Sun. 10am-2pm.  
[RhinebeckFarmersMarket.com](http://RhinebeckFarmersMarket.com)

## **Village of Wappingers Falls Farmers Market**

Mesier Park, East Market St. & Rt. 9D, Wappingers Falls. 845-297-2837  
Enjoy browsing through the farmers' food-stuffs at the picturesque gazebo in the park.  
June-October, Fri. 3pm-7pm.



# Restaurants



## **The Artist's Palate**

307 Main St., Poughkeepsie. 845-483-8074

The restaurant showcases the owners' passion for food as well as the talented artists of the Hudson Valley.

Cuisine: Contemporary American, Eclectic  
TheArtistsPalate.biz

## **Belvedere Mansion**

10 Old Rt. 9, Staatsburg. 845-889-8000

Serving French inspired American cuisine, the chefs use local ingredients to showcase the bounty of the Hudson Valley.

Cuisine: Regional American  
BelvedereMansion.com

## **Charlotte's Restaurant and Catering**

4258 Rt. 44, Millbrook. 845-677-5888

Offers award winning food and an award winning wine list.

Cuisine: American Contemporary, International flair  
CharlottesNY.com

## **The Culinary Institute of America – American Bounty**

Rt. 9, 1946 Campus Dr., Hyde Park. 845-471-6608

Regional specialties inspired by local Hudson Valley ingredients.

Cuisine: Regional American  
CIAchef.edu

## **Gigi Trattoria**

6422 Montgomery St., Rhinebeck. 845-876-1007

Moderate prices, attentive service, and consistently outstanding food encourage regular dining at this restaurant.

Cuisine: Italian, Mediterranean  
GigiTrattoria.com

## **Le Chambord Inn & Conference Center**

2737 Rt., 52 Hopewell Junction. 845-221-1941

Leisurely dining, spectacular presentation and impeccable service.

Cuisine: French  
LeChambord.com

## **Le Petit Bistro**

8 E. Market St., Rhinebeck. 845-876-7400

Small, intimate and charming. Features French classics with a Mediterranean twist.

Cuisine: French, Gourmet  
LePetitBistro.com

## **Luna 61**

55 Broadway, Tivoli. 845- 758-0061

Luna's cuisine, defined by its use of locally grown organic fruits and vegetables, is able to satisfy a variety of palettes.

Cuisine: Organic Vegetarian  
Luna61.com

### Madalin's Table

53 Broadway, Tivoli. 845-757-2100

Romantic, softly lit dining room and tavern is a turn-of-the-century gem to delight your taste buds and soothe your palette.

Cuisine: Continental, American

MadalinHotel.com

### Main Course, Vassar Alumnae House Inn

161 College Ave., Poughkeepsie. 845-437-7159

Enjoy lunch in the British-style pub surrounded by colorful murals depicting campus life in the 1930s and 1940s.

Cuisine: Gourmet

Aavc.Vassar.edu/house/dining.html

### Max's Memphis BBQ

138 S Broadway, Red Hook. 845-758-MAXS

Max's Southern regional cooking is based on a tradition of family recipes, generously shared by relative and friends.

Cuisine: Southern BBQ

MaxsBbq.com

### P C's Paddock Restaurant

273 Titusville Rd., Poughkeepsie. 845-454-4930

A charming, cozy restaurant specializing in hearty home cooking.

Cuisine: American

PCsPaddockRestaurant.com



### Red Devon Market/Cafe/Bar/Restaurant

108 Hunns Lake Rd., Bangall. 845-868-3175

Its menu, created by chef James Jennings, features the freshest local ingredients from surrounding farms, used according to their seasonal availability.

Cuisine: Gourmet

RedDevonRestaurant.com

### Serevan Restaurant

6 Autumn Ln., Amenia. 845-373-9800

Exceptional cuisine, celebrating flavors and ingredients from the Middle-East and the Mediterranean traditions.

Cuisine: Mediterranean, Middle Eastern

Serevan.com

### Shadows on the Hudson

176 Rinaldi Blvd., Poughkeepsie. 845-486-9500

Cosmopolitan dining, right on the Hudson River.

Choose from five dining areas to enjoy seafood, steaks, pasta and more.

Cuisine: Italian, Steaks, Seafood

ShadowsontheHudson.com

### Stissing House Restaurant & Tavern

Rt. 199 & Rt. 82, Pine Plains. 518-398-8800

Serves an array of locally produced ingredients in a Gourmet-French style.

Cuisine: Gourmet

StissingHouse.com

### Terrapin Restaurant

6426 Montgomery St., Rhinebeck. 845-876-3330

Strive to consistently provide customers with the freshest, highest quality food while celebrating the robust local bounty.

Cuisine: Gourmet

TerrapinRestaurant.com



### Twist

4290 Rt. 9, Hyde Park. 845-229-7094

Zagat rated one of the top 40 regional restaurants.

Cuisine: New American

LetsTwist.com

# Accommodations



## **Belvedere Mansion**

10 Old Rt. 9, Staatsburg. 845-889-8000

Restored mansion with 25 rooms. Chefs use organic, local ingredients to showcase the bounty of the Hudson Valley. [BelvedereMansion.com](http://BelvedereMansion.com)

## **The Copper Penny Inn**

2406 New Hackensack Rd., Poughkeepsie. 845-452-3045

Centrally located 1860's farmhouse with four guest rooms and a gourmet breakfast served daily. [CopperPennyInn.com](http://CopperPennyInn.com)

## **The Cottage at Sprout Creek Farm**

34 Lauer Rd., Poughkeepsie. 845-485-8438

Three-bedroom cottage with complete kitchen, dining and living rooms, and lovely garden just outside on a working dairy farm. [SproutCreekFarm.org](http://SproutCreekFarm.org)

## **Inn at the Falls Bed & Breakfast Hotel**

50 Red Oaks Mill Rd., Poughkeepsie. 845-462-5770

36 rooms with 14 executive suites overlook a waterfall. Their own pastry chef crafts delectable baked goods for breakfast. [Innatthefalls.com](http://Innatthefalls.com)

## **Inn The Woods**

32 Howard Blvd. Ext., Hyde Park. 845-229-9331

Relax in this private, forested setting in historic Hyde Park. Two rooms with private bath, A/C, cable TV, HBO and full-breakfast. Try some of the innkeeper's homemade jam, cheese, yogurt and sausage for breakfast. [InntheWoods.com](http://InntheWoods.com)

## **Journey Inn Bed & Breakfast**

One Sherwood Pl., Hyde Park. 845-229-8972

Six rooms including two suites. Full Hudson Valley gourmet breakfast uses ingredients the innkeepers select from area farmers' markets. [JourneyInn.com](http://JourneyInn.com)

## **Le Petit Chateau Inn**

39 West Dorsey Ln., Hyde Park. 845-437-4688

1900-era inn has four rooms with fireplace, each named for a French wine producing region. Full breakfast. Wine tastings available. [LePetitChateauInn.com](http://LePetitChateauInn.com)

## **Millbrook Country House**

3244 Sharon Turnpike, Millbrook. 845-677-9570

Four rooms in historic house. Full breakfast prepared each morning featuring area ingredients. [MillbrookCountryHouse.com](http://MillbrookCountryHouse.com)



### Old Rhinebeck Inn c. 1745

340 Wurtemberg Rd., Rhinebeck. 845-871-1745  
Early American Farmhouse on National Historic Register.  
Three suites, one room, and a full gourmet country breakfast.  
RhinebeckInn.com

### Simmons' Way Village Inn & Restaurant

53 Main St., Rt. 44 Millerton. 518-789-6235  
Graceful retreat in grand Victorian elegance and civility.  
Boasts nine guest-rooms. SimmonsWay.com

### Troutbeck

515 Leedsville Rd., Amenia. 845-373-9681  
Tudor-style inn offers 42 rooms and continental breakfast.  
The local bounty of fresh herbs, produce and meats make  
each recipe a treat for the senses. Troutbeck.com

### Whistlewood Farm Bed and Breakfast

52 Pells Rd., Rhinebeck. 845-876-6838  
B&B offers a private retreat from the hustle of everyday  
life. Three rooms, three suites, and a full country buffet  
style breakfast. Whistlewood.com

### The Willows Bed and Breakfast

53 Travis Rd., Hyde Park. 845-471-6115  
Drive down a country lane, past a working dairy farm to stay  
in this restored, 1765 Colonial farmhouse. Two rooms with  
private bath and full-breakfast featuring local, fresh ingredi-  
ents prepared by Culinary Institute of America-trained chef.  
WillowsBnB.com

# Recipes



CIA/Ben Fink

## Check out [farmfresh.dutchesstourism.com](http://farmfresh.dutchesstourism.com) for Dutchess County recipes like:

Clinton Vineyards' Favorite Recipes  
Ana Marie's Organic Olive Oil Virgin Vinaigrette  
The Culinary Institute of America's Apple Sour Cream  
Coffee Cake  
Strada's Italian Restaurant Eggplant Bocconcini  
Fishkill Farms Blueberry Muffins  
Gigi Summer Harvest Gazpacho  
Millerton Market Guacamole  
Gigi Hudson Valley Onion Soup  
Ana Marie's Lamb with Mint & Garlic  
Classic Momma McEnroe's Fresh Tomato Salad  
Harney Teas Peach & Ginger – Glazed Chicken Legs  
Sprout Creek Farm Ricotta Brownies  
Quattro's Poultry and Game Farm Gourmet Market  
Roast Pheasant w/Wild Rice Stuffing  
Pines Restaurant Southwestern Creamy Tomato Soup  
Sprout Creek Farm Mac & Cheese  
Poughkeepsie Farm Project Stir-Fried Quinoa & Greens  
Cornell Cooperative Extension of Dutchess County  
Zucchini Pancakes  
— *and many, many more.*



# Art Galleries



Peter Billman



Peter Billman



Daisy de Puthod by Dick Grenson

*"I live on a farm and paint everyday. The animals & plants of Dutchess County are my subjects. Working with wood or sewn paper, I hide within the paintings messages, words of wisdom and detritus from my travels."*

— Tilly Strauss, painter

## Albert Shahinian Fine Art

196-198 Main St., Poughkeepsie. 845-454-0522 Original contemporary regional & Hudson River art. Changing exhibits. Thurs.-Sat., 12-6pm; Sun., 1-5pm & by appt. ShahinianFineArt.com

## Arlington Art Gallery

32 Raymond Ave., Poughkeepsie. 845-473-2787 Works by area artists, new Hudson River School painters and photography. Mon.-Sat. 10:30am-7pm, Sun. noon-4pm. ArlingtonArtGallery.com

## The Chisholm Gallery & Emporium

3 Factory Ln., Pine Plains. 518-398-1246 Dutchess County landscapes, fine sporting & decorative art, equestrian collectibles, rare books. Thurs.-Sun., 11am-5pm & by appt. ChisholmGallery.com

## Chocolate Factory

54 Elizabeth St., Red Hook. 845-758-1004 Collection of artists featuring watercolors & art prints. Tues.-Fri., 10am-6pm; Sat., 12-4pm. BetsyJacarusoStudio.com

## Gallery on the Green

7 Arch St., Pawling. 845-855-3900 Individual and group exhibits of fine contemporary art in all media. Sat.-Sun. 12-5pm & by appt. GotgPawling.com

## Green River Gallery

1578 Boston Corners Rd., Millerton. 518-789-3311 19th & 20th century traditional fine art, restoration. Specializing in Eric Sloane works. Sat. 10am-5pm, Sun. noon-5pm and by appt., year-round

## RiverWinds Gallery

172 Main St., Beacon. 845-838-2880 Works by Hudson Valley artists. Fine art paintings and photography. Contemporary crafts - jewelry, home décor, pottery, ceramics, stationery, lamps, sculpture, porcelain & glass. Wed.-Mon., 12-6pm, Beacon Second Saturday 12-9pm. RiverWindsGallery.com

## Tivoli Artists Co-Op

60 Broadway, Tivoli. 845-757-2667 Fine arts gallery. Shows change monthly. 40-artist co-operative. Fri. 5-9pm, Sat. 1-9pm, and Sun. 1-5pm. TivoliArtistsCo-op.com

# Specialty

## **Adams Fairacre Farms**

765 Dutchess Tnpk., Poughkeepsie. 845-454-4330  
Seafood, prepared foods, and cheese departments. Wide variety of Hudson Valley made products. Features a deli, bakery, sweet shop, gourmet grocery, gift shop, garden center and nursery. [AdamsFarms.com](http://AdamsFarms.com)

## **Beacon Natural Market**

348 Main St., Beacon. 845-838-1288  
Organic & whole foods, featuring locally grown meats, eggs, cheese, green products for the home. Natural skin care and alternative medicine.

## **Fishkill Farms**

9 Fishkill Farm Rd., Hopewell Junction. 845-897-4377  
The farm market offers a variety of local produce, meat, cheeses, butter, milk, Fishkill Farm fresh eggs & pasture raised chickens(broilers). We are a Pick Your Own orchard & berries farm. Stop by for a cup of coffee and a donut and enjoy the spectacular view from the farm market back porch. [FishkillFarms.com](http://FishkillFarms.com)

## **Fleisher's Grass-fed and Organic Meats**

47 East Market St., Rhinebeck; 307 Wall St., Kingston. 845-876-6688, 845-338-MOOO Butcher shop that carries premium meats from regional farmers who have raised their animals on a primarily grass-based diet or according to organic standards. [GrassfedMeat.net](http://GrassfedMeat.net)

## **Gigi Hudson Valley Market:**

Cafe • Farmers' Market • Catering  
227 Pitcher Lane (at Greig Farm), Red Hook. 845.758.1999  
Gigi Market celebrates the bounty of the farms and food artisans of the Hudson Valley. Year-round indoor retail venue for local farmers and food producers. Gigi's incorporates these same products into delicious prepared dishes. [GigiHudsonValley.com](http://GigiHudsonValley.com)

## **Harney and Sons Fine Teas**

Main St., The Railroad Plz., Millerton. 518-789-2121  
The tasting room is filled with teapots, teas, fancy foods, accessories, antique hotel silver, and a collection of needlepoint, cottage-themed cozies, and garden benches. [HarneyTeas.com](http://HarneyTeas.com)

## **Homespun Foods**

232 Main St. Beacon. 845-831-5096  
Specialty foods and café, fresh baked pastries, home cooking, hidden patio garden. [www.HomespunFoods.com](http://www.HomespunFoods.com)

## **Hudson Valley Gourmet**

2600 South Rd., Poughkeepsie. 845-485-3507  
From delectable goodies to staples like coffee, tea, jam, and gift items. They also create beautiful gift baskets. [HVGourmet.com](http://HVGourmet.com)

## **McEnroe Organic Farm Market**

Route 22/44, Millerton. 518-789-4191.  
Fresh vegetables, certified organic meats, in addition to delicious food made by other regional producers. Eat in and take out. [McEnroeOrganicFarm.com](http://McEnroeOrganicFarm.com)

## **Quattro's Farm Store**

107 Tinkertown Rd., at Rt. 44, Pleasant Valley 845-635-2018  
Specializes in free range poultry and large variety of all natural meats. They butcher weekly and offer all products fresh, including sausage, and smoked meats. Italian specialties include olive oils and cheese; mozzarella made fresh.

## **Sheep's Clothing Store**

Fabulous Merino knitting yarn and hundreds of knitting kit projects to pick from. [MorehouseFarm.com](http://MorehouseFarm.com)

## **Sprout Creek Farm**

34 Lauer Rd., Poughkeepsie. 845-485-9885  
Visitors can purchase cow and goat cheeses made at the farm, seasonal vegetables, tee shirts and select Hudson Valley products. [SproutCreekFarm.org](http://SproutCreekFarm.org)

## **Webatuck Craft Village**

Rt. 55, Wingdale. 832-6522 Working craft village with 18th century buildings. Toy store, cafe, stained glass, pottery, country furniture, gallery and early American lighting. [HuntCountryFurniture.com/Webatuck](http://HuntCountryFurniture.com/Webatuck)

# Itineraries

Dutchess County is a “foodie” haven, filled with fine restaurants, farms and vineyards, and markets bursting with fruits and vegetables. From gourmet meals to home cooking, find out why world-class dining is synonymous with Dutchess County.

Not sure where to begin? Consider one of these itineraries.

## Dutchess County From Field To Fork

See how food from farms is transformed into culinary creations. First stop is **Sprout Creek Farm** ([SproutCreekFarm.org](http://SproutCreekFarm.org)). Browse their farm market, and visit the cows, sheep and other animals.

Next make the short trek to **Millbrook Vineyards & Winery** ([MillbrookWine.com](http://MillbrookWine.com)), part of the **Dutchess Wine Trail** ([DutchessWineTrail.com](http://DutchessWineTrail.com)). Tour the winery and taste their nationally recognized wines, and view the “Art in the Loft” exhibit.

After a day outdoors, enjoy a relaxing dinner inspired by area ingredients at **The Culinary Institute of America’s American Bounty Restaurant** ([CIAChef.edu](http://CIAChef.edu)). The menu features Sprout Creek Farm cheese and Millbrook wine plus seasonal, regional specialties.

Spend the night at **Inn the Woods** ([InntheWoods.com](http://InntheWoods.com)) or **The Willows Bed & Breakfast** ([WillowsBnB.com](http://WillowsBnB.com)), which serve homemade foods using farm-fresh ingredients. Ask about their food-themed packages.

Before heading home, visit **Adams Fairacre Farms** ([AdamsFarms.com](http://AdamsFarms.com)) Once just a farm stand, this family business sells locally made fare including honey, salsa, bread, cheese, cookies, tomato sauce, tea, pancake mix, and maple syrup.

## Dutchess County Historic Gardens & Kitchens

Begin your garden and kitchens journey at **Locust Grove, Samuel Morse Historic Site** ([MorseHistoricSite.org](http://MorseHistoricSite.org)). The premier American artist was a landscape designer, architect, and inventor of the telegraph and Morse code.

The tour features an extensive collection of china, and the dining room is set for dinner. See the butler’s pantry and full kitchen, and the Victorian-style formal and heirloom vegetable gardens.

Begin your Roosevelt experience at the **Wallace Visitor Center**, part of the **FDR Home, Presidential Library & Museum** ([NPS.gov/hofr](http://NPS.gov/hofr)). Glimpse the world of former President Roosevelt, who listed his occupation as “tree farmer.”

Visit the **Vanderbilt Mansion National Historic Site** ([NPS.gov/vama](http://NPS.gov/vama)) for a peek at how the richest man in America lived during the “Gilded Age.” More than 50 local workers cooked, cleaned, and oversaw the grounds and farm, where they grew their own food, and the flowers for their lavish arrangements.

Before checking in for the night, celebrate our rich agricultural bounty at the casual **Twist** ([LetsTwist.com](http://LetsTwist.com)) or **Terrapin Restaurant** ([TerrapinRestaurant.com](http://TerrapinRestaurant.com)).

## Dutchess County Fruits, Vegetables, Flowers & More

Drive to **Mead Orchards** ([MeadOrchards.com](http://MeadOrchards.com)), a fruit orchard and vegetable farm since 1916 growing 40 varieties of apples, and peaches, pears, plums, cherries, strawberries and berries. Choose from greens, vegetables, squashes, pumpkins and decorative gourds.

Stop for a respite at **Gigi Hudson Valley Market** ([GigiHudsonValley.com](http://GigiHudsonValley.com)), followed by wine tasting and a tour at **Alison Wines & Vineyard** ([AlisonWines.com](http://AlisonWines.com)), a stop along the Dutchess Wine Trail. At **Greig Farm** ([GreigFarm.com](http://GreigFarm.com)), pick-your-own fruits, vegetables and flowers.

Stroll through the village of Rhinebeck or stop at **Clinton Vineyards** ([ClintonVineyards.com](http://ClintonVineyards.com)). Set against trellised vines and rolling hills, this member of the Dutchess Wine Trail celebrates their 30th anniversary this year.

## Eastern Dutchess Farms & Markets

Start at **Dykeman’s Farm Market** ([BestCorn.com](http://BestCorn.com)), a family-run farm open July through October.

Travel to **Barton’s Orchards** ([BartonOrchards.com](http://BartonOrchards.com)) for family fun, harvest festivals and a corn maze. **Blueberry Park** is a 45-acre pick-your-own organic blueberry farm (845-724-5776) along with **Judson Farm Market**, which features plants, fruits, vegetables and Christmas trees (845-832-6286).

Other “must-sees” include **McEnroe Organic Farm** ([McEnroeOrganicFarm.com](http://McEnroeOrganicFarm.com)) and **Coach Dairy Goat Farm** ([CoachFarm.com](http://CoachFarm.com)). Call ahead, as tours of the goat nursery and farm are by appointment (518-398-5325).

# Around the Farm



As you walk around the farm, you will notice a number of animals and farm equipment that you might not have seen before! This section will help identify animals and machines you may be seeing up close! Learn a few fun facts about the many different interesting animals down on the farm.

## A Silo

Tall cylindrical tower used for storing grain, animal feed, or other vegetation.

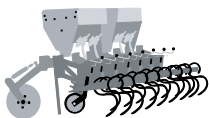


## A Tractor

Motorized vehicle used for pulling heavy loads. It has big, deep-treaded rear wheels that help it move easily in fields.

## A Plow

Heavy farming tool or machine with a sharp blade or series of blades for breaking up soil and making cleared rows, pulled by a tractor or sometimes an animal.



## Seed Drill

Bores holes to plant seeds in the soil. This one has a rake on the back to cover the rows after planting.

## A Trough

Long low narrow open container that holds feed or water for the animals.



## A Baler

Gathers large bundles of hay and keeps them in shape for transportation or storage. Bales can be round or square. Their size varies from 40 pounds per bale to several hundred pounds per bale. And, an animal does not need to eat a square bale of hay to get a square meal...round bales are just as nutritious.



## A Hoe

Garden tool used for weeding or turning over soil. It has a long pole with a small flat metal blade set into one end at a right angle to the pole.



## A Barn

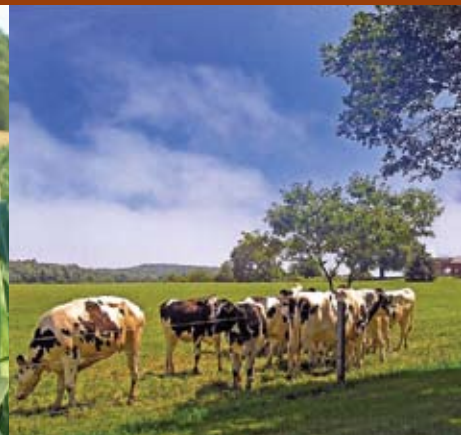
Large building on a farm used to store grain or shelter livestock. Barn design varies significantly across the country and around the world. The design and construction of barns historically was determined by the weather conditions of the region in which they were built.



## About Livestock

There are modern breeds as well as heritage breeds. Modern breeds have been developed to meet specific purposes in our food system. "Heirloom," "heritage," "antique," and "rare" are all names for animal breeds and plant varieties that have been around for a while and may now be in danger of extinction. All modern breeds have been derived from heritage breeds.





### About Dairy Goats

Goats not only eat grass like sheep do, but they also enjoy the leaves from shrubs and trees. Goat milk has a more easily digestible fat and protein content than cow milk.

A Swiss dairy goat from the Toggenburg Valley of Switzerland, this breed is medium size, sturdy, vigorous, and alert in appearance. The hair is soft and fine. They often have distinct white markings. A large, proud, and graceful dairy goat of mixed Asian, African, and European origin, the Nubian is known for high quality, high butterfat milk production. They have distinctive floppy ears and rounded noses. The Oberhasli is a Swiss dairy goat, primarily black & brown in color and is a medium size, vigorous and alert in appearance.

### About Cows

Dairy breeds include Holstein, Jersey, Guernseys, Brown Swiss, Ayrshire as well as others. Meat breeds include Angus, and Hereford as well as others.

Nine of every 10 dairy farmers milk Holsteins. They give a great deal of milk, and adapt easily to diverse environments. A calf

weighs 90 pounds at birth; a mature cow weighs 1,500 pounds and stands 58 inches tall.

### About Chickens

Chickens are domestic fowl, usually with brown or black feathers and a fleshy crest on its head, raised for both meat and eggs. Would you be surprised to learn there are 63 different breeds of chickens? The breed determines what color the eggs will be. In addition to white eggs there are brown, yellow, and yes...green eggs.

Chickens are classified as poultry, as are some other birds you might see in the country, such as turkeys, ducks, and geese. A chicken's eyeballs are fixed in their head, and that's why they make such funny head movements!

### About Sheep

Stocky hooved mammals with ribbed horns raised for its wool and meat. Sheep wool colors vary from breed to breed. Wool from the Merino breed is prized for its knitting characteristics. Often you will see animals such as dogs or Llama serving as guards over flocks of sheep.





## VEGETABLES

|                 | J | F | M | A | M | J | J | A | S | O | N | D |
|-----------------|---|---|---|---|---|---|---|---|---|---|---|---|
| Asparagus       |   |   |   |   |   |   |   |   |   |   |   |   |
| Beans, Dry      |   |   |   |   |   |   |   |   |   |   |   |   |
| Beans, Lima     |   |   |   |   |   |   |   |   |   |   |   |   |
| Beans, Snap     |   |   |   |   |   |   |   |   |   |   |   |   |
| Beets           |   |   |   |   |   |   |   |   |   |   |   |   |
| Beet Greens     |   |   |   |   |   |   |   |   |   |   |   |   |
| Broccoli        |   |   |   |   |   |   |   |   |   |   |   |   |
| Brussel Sprouts |   |   |   |   |   |   |   |   |   |   |   |   |
| Cabbage         |   |   |   |   |   |   |   |   |   |   |   |   |
| Carrots         |   |   |   |   |   |   |   |   |   |   |   |   |
| Cauliflower     |   |   |   |   |   |   |   |   |   |   |   |   |
| Celery          |   |   |   |   |   |   |   |   |   |   |   |   |
| Collard Greens  |   |   |   |   |   |   |   |   |   |   |   |   |
| Corn            |   |   |   |   |   |   |   |   |   |   |   |   |
| Cucumbers       |   |   |   |   |   |   |   |   |   |   |   |   |
| Eggplant        |   |   |   |   |   |   |   |   |   |   |   |   |
| Garlic          |   |   |   |   |   |   |   |   |   |   |   |   |
| Herbs           |   |   |   |   |   |   |   |   |   |   |   |   |
| Kale            |   |   |   |   |   |   |   |   |   |   |   |   |
| Leeks           |   |   |   |   |   |   |   |   |   |   |   |   |
| Lettuce         |   |   |   |   |   |   |   |   |   |   |   |   |
| Mustard Greens  |   |   |   |   |   |   |   |   |   |   |   |   |
| Onions          |   |   |   |   |   |   |   |   |   |   |   |   |
| Parsnips        |   |   |   |   |   |   |   |   |   |   |   |   |
| Peas            |   |   |   |   |   |   |   |   |   |   |   |   |
| Peppers         |   |   |   |   |   |   |   |   |   |   |   |   |
| Potatoes        |   |   |   |   |   |   |   |   |   |   |   |   |
| Pumpkins        |   |   |   |   |   |   |   |   |   |   |   |   |

26 **Harvest Period** ———  
**Availability Period** ———

|                | J | F | M | A | M | J | J | A | S | O | N | D |
|----------------|---|---|---|---|---|---|---|---|---|---|---|---|
| Radishes       |   |   |   |   |   |   |   |   |   |   |   |   |
| Rhubarb        |   |   |   |   |   |   |   |   |   |   |   |   |
| Spinach        |   |   |   |   |   |   |   |   |   |   |   |   |
| Squash, Summer |   |   |   |   |   |   |   |   |   |   |   |   |
| Squash, Winter |   |   |   |   |   |   |   |   |   |   |   |   |
| Swiss Chard    |   |   |   |   |   |   |   |   |   |   |   |   |
| Tomatoes       |   |   |   |   |   |   |   |   |   |   |   |   |
| Turnips        |   |   |   |   |   |   |   |   |   |   |   |   |
| Turnip Greens  |   |   |   |   |   |   |   |   |   |   |   |   |
| Zucchini       |   |   |   |   |   |   |   |   |   |   |   |   |

## FRUITS

|                 | J | F | M | A | M | J | J | A | S | O | N | D |
|-----------------|---|---|---|---|---|---|---|---|---|---|---|---|
| Apples          |   |   |   |   |   |   |   |   |   |   |   |   |
| Blackberries    |   |   |   |   |   |   |   |   |   |   |   |   |
| Blueberries     |   |   |   |   |   |   |   |   |   |   |   |   |
| Cantalopes      |   |   |   |   |   |   |   |   |   |   |   |   |
| Cherries, Sweet |   |   |   |   |   |   |   |   |   |   |   |   |
| Cherries, Tart  |   |   |   |   |   |   |   |   |   |   |   |   |
| Currants        |   |   |   |   |   |   |   |   |   |   |   |   |
| Grapes          |   |   |   |   |   |   |   |   |   |   |   |   |
| Peaches         |   |   |   |   |   |   |   |   |   |   |   |   |
| Pears           |   |   |   |   |   |   |   |   |   |   |   |   |
| Plums           |   |   |   |   |   |   |   |   |   |   |   |   |
| Prunes          |   |   |   |   |   |   |   |   |   |   |   |   |
| Raspberries     |   |   |   |   |   |   |   |   |   |   |   |   |
| Strawberries    |   |   |   |   |   |   |   |   |   |   |   |   |
| Watermelon      |   |   |   |   |   |   |   |   |   |   |   |   |

## **Dutchess County Tourism**

3 Neptune Road, Suite Q-17, Poughkeepsie, New York 12601

845-463-4000, 800-445-3131

[DutchessTourism.com](http://DutchessTourism.com)

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