



THE WORLD'S PREMIER
CULINARY COLLEGE

Have you ever dreamed about learning from renowned chefs at the Culinary Institute of America, the world's premier culinary college? Does your mouth water at the mere thought of the succulent, farm-fresh bounty available at harvest time in the Hudson Valley?

Dreams do come true here in the Hudson Valley! Dutchess County Tourism has teamed up with Metro-North to bring you Fall Harvest Wine, Cheese & Apple Picking Tours on Saturdays and Sundays from 9/29 – 10/21.

To turn that one-day getaway into an incredible food-centric weekend of fun outside the city, come to Dutchess County for a one-day CIA Food Enthusiast Class, stay overnight at a local Poughkeepsie hotel, and then enjoy a one-day Farm Fresh Tour.

Spend your Saturday at The Culinary Institute of America in Hyde Park, taking a popular culinary class from a celebrated faculty chef.



The Culinary Institute of America/Keith Ferris

There are several opportunities to pair Dutchess County's Farm Fresh Tours with a culinary day at the CIA. Go to http://www.ce.culinary.edu/ciachef/SearchResults.asp?heading_id=605 for class listings and dates.

Here is a sampling of the Food Enthusiast classes offered at the CIA's Hyde Park Campus:

Spain and the World Table 9/15/2012
 Baking at Home – The Desserts 9/29/2012
 CIA Favorites 9/29/2012
 Cookies at Home 9/29/2012
 Everyday Grilling 9/29/2012
 Healthy Cooking at Home 9/29/2012
 Spain and the World Table 9/29/2012
 Under the Sea 9/29/2012
 Artisan Breads at Home 10/13/2012
 Chocolates and Confections at Home 10/13/2012
 Cooking for One 10/13/2012
 Everyday Grilling 10/13/2012
 Healthy Cooking at Home 10/13/2012
 Italian Cooking at Home 10/13/2012
 Spain and the World Table 10/13/2012

Artisan Breads at Home 9/29/2012
 Bistros and Brasseries 9/29/2012
 Classic and Contemporary Sauces 9/29/2012
 Creative Cupcakes 9/29/2012
 Gourmet Meals in Minutes 9/29/2012
 Italian Cooking at Home 9/29/2012
 The Flavors of Asia 9/29/2012
 Vegetarian Cuisine 9/29/2012
 Behind the Meat Counter 10/13/2012
 CIA Favorites 10/13/2012
 Creative Cupcakes 10/13/2012
 Gourmet Meals in Minutes 10/13/2012
 Hors d' oeuvres at Home 10/13/2012
 Soups for All Seasons 10/13/2012
 The Flavors of Asia 10/13/2012

Choose to stay at one of these fine hotels which offer free local shuttles:

- The Poughkeepsie Grand Hotel, www.PokGrand.com
- The Holiday Inn Express, www.hiexpress.com/poughkeepsie
- Residence Inn by Marriott, www.poughkeepsieresidenceinn.com, (Call (845) 463-4343 directly to schedule shuttle service).

Or stay at either of these hotels which are just a short cab ride away:

- The Hampton Inn & Suites, www.poughkeepsiesuites.hamptoninn.com
- Courtyard by Marriott, www.poughkeepsiecourtyard.com

Then on Sunday, take the shuttle from your hotel to the Poughkeepsie Train Station to meet the Farm Fresh tour at 9:34 a.m. You must meet the shuttle at that time, as it is the only one offered that will whisk you away to some of our area farms, for a cheese tasting, wine - tasting, apple picking and the village of Millbrook. On the tour you will be able to sample some of the finest and freshest products Dutchess County has to offer! Reservations are required in advance for the CIA Class, the hotel you choose, and the Farm Fresh shuttle.



Indulge your passion for food at the CIA and treat yourself to a Dutchess County getaway weekend. After all, you deserve it!

